Protect yourself from fire at home

Reduce the risk of fire

A fire at home is usually caused by an everyday item used in the home. Here’s how you can reduce the risk of fire.

Do not put items that can catch fire near or on the hob. Take care when frying or deep-frying with oil. Do not leave the hob unattended when it is on.

The use of barbecues, including disposable barbecues, is not permitted on the balcony. Barbecues must not be used indoors either.

Never leave a burning candle unattended. Extinguish burning candles before you leave the room. Do not place burning candles near items that can catch fire, for example curtains.

Do not use electrical appliances or mobile phone chargers with damaged cords or connectors.

Do not put textiles over routers or mobile phones that are being charged, for example. Also, do not place electric heaters too near items that can catch fire, for example clothes.

Do not leave items that can catch fire, such as rubbish, newspapers, boxes or prams, in the stairwell. Make sure that basement and attic doors are locked.

This is fire information from Bostaden. Please save!
Protect yourself from fire

Smoke alarms save lives

Smoke alarms raise the alarm quickly when a fire starts. This gives you time to extinguish the fire or evacuate if necessary.

The smoke alarm should be attached to the ceiling.

Test the smoke alarm every month by pressing the test button.

The batteries are built into the smoke alarm and last for ten years. If the smoke alarm does not work when you test it, contact your area landlord.

How to use a fire blanket

A fire blanket can be used to smother small fires. These blankets are usually located in the hall in Bostaden’s buildings.

Remove the fire blanket by pulling on the two tabs.

Place the blanket over the fire, making sure it covers the fire completely and press down carefully with your hands.

Learn more about protecting yourself from fire at bostaden.umea.se/tenant/how-it-works/fire-safety
Rescue – Warn – Alert – Extinguish

Do the right thing in a fire and save lives

1. Rescue. 2. Warn. 3. Alert. 4. Extinguish. This is the procedure to follow if you discover a fire. It can sometimes be better to do things in a different order if you have to. If there is a group of you, you can help one another.

Rescue and warn others who may be in danger.

Call 112 and raise the alarm about the fire. Explain what has happened, whether anyone is injured and where help is needed, and give your name.

Extinguish the fire if you think you can.

How to extinguish a fire

A fire on the hob: Put a lid or a fire blanket over the fire to smother it. Never use water to extinguish a fire on the hob. Water causes the fire to spread.

If someone’s clothes are on fire: Try to lay the person down. Smother the fire with a fire blanket or something similar. Start at the person’s head and work down the body.

Fires in electrical appliances: First unplug the appliance. Smother the fire with a fire blanket or water. If you have access to a dry powder extinguisher, you can extinguish the fire immediately without unplugging the appliance.

REMEMBER

- Do not smoke in bed or where you can fall asleep.
- Pour water into the ashtray before emptying it.
- Always keep matches and lighters out of the reach of children.
- Do not leave the iron on the ironing board while plugged in.
Close the door – smoke kills

Contain the fire

First ensure that everyone gets out. Close the door to the room or the apartment where the fire is. This stops the fire and the smoke from spreading.

If you cannot extinguish the fire, you must get out.

Close the door on the fire.

Call 112 and raise the alarm about the fire.

Never go out into a stairwell filled with smoke

It will take an apartment door about 30 minutes to catch fire if there is a fire outside. Never go out into the stairwell if it is filled with smoke. Do not use the lift if there is a fire.

If another apartment is on fire and there is smoke in the stairwell, you must stay in your apartment.

Keep the door closed. Call 112 and raise the alarm about the fire.

The fire brigade will help you if you need to get out.